

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 6:25 pm TOPS (take off Pounds Sensibly)	2	3
4	5	6	7	8 6:25 pm TOPS (take off Pounds Sensibly)	9	10
11	12 1:00 pm Memory & Aging Program	13	14	15 6:25 pm TOPS (take off Pounds Sensibly)	16	17
18	19	20	21	22 6:25 pm TOPS (take off Pounds Sensibly)	23	24
25	26 1:00 pm Memory & Aging Program	27	28	29 6:25 pm TOPS (take off Pounds Sensibly)	30	